

# Clouds in Water Zen Center

## The Sixteen Bodhisattva Precepts

### The Three Refuges

I take refuge in the Buddha  
I take refuge in the Dharma  
I take refuge in the Sangha

### The Three Pure Precepts

With purity of heart, I vow to do no harm.  
With purity of heart, I vow to do good.  
With purity of heart, I vow to free all beings.

### The Ten Grave Precepts

1. Recognizing that I am not separate from all that is. I take up the way of Non-killing.
2. Being satisfied with what I have. I take up the way of Non-stealing.
3. Encountering all creations with respect and dignity. I take up the way of Not misusing sexuality.
4. Listening and speaking from the heart. I take up the way of Not speaking falsely.
5. Cultivating a mind that sees clearly. I take up the way of Not being deluded and not giving or taking intoxicants.
6. Unconditionally accepting what each moment has to offer. I take up the way of Not talking about others errors and faults.
7. Speaking what I perceive to be the truth without guilt or blame. I take up the way of Not elevating oneself and blaming others.
8. Using all the ingredients of my life. I take up the way of Not being stingy and not attaching to anything, even the truth.
9. Transforming suffering into wisdom. I take up the way of Not indulging in anger.
10. Honoring my life as an instrument of peacemaking, take up the way of Not thinking ill of the three treasures.