



Genzo-e Sesshin ■ Zenki

With Byakuren Judith Ragir Roshi

Early bird

\$120

2 days ■ September 7 -8

\$150 after 8/9

Zenki can be translated as “total dynamic functioning” or “the Whole Works.” It is a retreat dedicated to studying Dōgen.

What do we trust in? Especially in Buddhism where there is no centralized God. What does the 13th century renowned Zen Teacher, Dogen-Zenji, say about this? In his major work, Shobogenzo, Dogen-Zenji writes about “Zenki”. Zenki can be translated as “total dynamic functioning” or “the Whole Works.” How can we realize our dynamic interdependence so we can let go and trust? Let's study together this constant energetic interconnection in the universe called “zenki” during this September Genzo-e.

FRIDAY

SATURDAY

7am-7:30 registration and introduction	7am-8am zazen, kinhin, zazen
7:30-8:am - zazen	8am-9am breakfast and break
8am-9am- breakfast and break	9am-10:45am, Talk #3 and discussion
9-10:45am – talk #1 and discussion	10:45 break
10:45 - break	11am-noon, zazen, kinhin, zazen
11am – noon zazen, kinhin, zazen	Noon to 1pm lunch and break
Noon to 1:00pm lunch and break	1-1:45pm zazen and kinhin
1:00- 1:45pm zazen and kinhin	1:45-3:30 talk #4 and discussion
1:45 – 3:30 Talk #2 and discussion	3:30 to 3:45 break
3:30-3:45 break	3:45-4:45 closing counsel
3:45 -4:30 small group discussion	4:45 – 5pm close
4:30-6pm zazen, kinhin, zazen	
6-7pm dinner and break	
7-8:30pm zazen, kinhin, zazen	

- ◆ Sesshin experience recommended
- ◆ Must attend full Sesshin (no partial days)

Register online:
cloudsinwater.org



Clouds In Water Zen Center

445 Farrington Street, St. Paul, MN 55103 • 651-222-6968
cloudsinwater.org • [facebook.com/cloudsinwater](https://www.facebook.com/cloudsinwater)