

## Full Moon Ceremony—Precept Recitation

*The 16 bodhisattva precepts consist of the 3 refuges, the 3 pure precepts and the 10 grave precepts.*

*We begin our ceremony with the repentance verse and add a dedication at the end.*

All my ancient twisted karma  
From beginningless greed, hate and delusion,  
born of my body, speech and mind,  
I now fully avow

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Although our past evil karma has greatly accumulated,  
Indeed being the cause and condition of obstacles to practicing the Way,  
may all Buddhas and ancestors who have attained the Buddha Way  
be compassionate and free us from karmic effects,  
allowing us to practice the Way without hindrance.

Taking refuge is to return home, arousing a fresh and vivid mind, openly and enthusiastically seeking for perfect peace. Even though body and mind are subject to birth, change and death, this moment of returning home offers the opportunity for the continuous practice of Buddha nature, the ripening of the sweet milk of the long river.

### **The Three Refuges:**

Buddham saranam ga cha mi (I take refuge in the buddha)  
Dhammam saranam ga cha mi (I take refuge in the dharma)  
Sangham saranam ga cha mi (I take refuge in the sangha)

Dutiyampi, Buddham saranam ga cha mi (For the second time, I take refuge....)  
Dutiyampi, Dhammam saranam ga cha mi  
Dutiyampi, Sangham saranam ga cha mi

Tatiyampi, Buddham saranam ga cha mi (For the third time, I take refuge...)  
Tatiyampi, Dhammam saranam ga cha mi  
Tatiyampi, Sangham saranam ga cha mi

### **The Three Pure Precepts:**

With purity of heart, I vow to do no harm.  
With purity of heart, I vow to do good.  
With purity of heart, I vow to free all beings.

## **The Ten Grave Precepts:**

Being mindful of the interdependence of Oneness and Diversity and wishing to actualize my vows, I engage in the spiritual practices of:

1. Recognizing that I am not separate from all that is. I take up the way of Non-killing.
2. Being satisfied with what I have. I take up the way of Non-stealing.
3. Encountering all creations with respect and dignity. I take up the way of Not misusing sexuality.
4. Listening and speaking from the heart. I take up the way of Not speaking falsely.
5. Cultivating a mind that sees clearly. I take up the way of Not being deluded and not giving or taking intoxicants.
6. Unconditionally accepting what each moment has to offer. I take up the way of Not talking about others errors and faults.
7. Speaking what I perceive to be the truth without guilt or blame. I take up the way of Not elevating oneself and blaming others.
8. Using all the ingredients of my life. I take up the way of Not being stingy and not attaching to anything, even the truth.
9. Transforming suffering into wisdom. I take up the way of Not indulging in anger.
10. Honoring my life as an instrument of peacemaking. I take up the way of Not thinking ill of the three treasures.

Our words ring out through space beyond the stars. Their virtue and compassion echo back from all the many beings. We recite the precepts for the renewal of the Buddha mind in fields and forests, homes and streets, throughout the world, in grateful thanks to all our many guides along the ancient way.

All Buddhas throughout space and time,  
All honored ones, bodhisattvas, mahasattvas,  
Wisdom beyond wisdom, maha-prajnaparamita.